



H•E•BUDDY® Challenge!

Buddy wants to challenge you to be healthy and happy!

Keep your eye out for 3 Challenges this year to

WIN AWESOME PRIZES!

Once you complete each challenge, fill out the entry form
and send it in! We will keep track of your progress

and if you complete all 3 challenges

we will send you a Grand Prize!

All 3 challenges are different and

**SUPER
FUN!**



Get Fit CHALLENGE 1

WITH
H•E•BUDDY®
and BRUCE
BOWEN

It is important to get
60 minutes of physical activity
each day for your body to be
super healthy! Track your
60 minutes of play
or outdoor activities for
8 weeks and you will complete
the first challenge!



HOW TO JOIN!

1. Grab a pen and fill out the form.
2. Ready? Set. Get Fit! Just get 60 minutes of play each day for 8 weeks! After each day track your progress! Be sure to have a grown-up put their initials next to each week you play for 60 minutes per day.
3. When you're done, pat yourself on the back! You've completed the Get Fit with Buddy and Bruce Bowen Challenge! Send in your completed form so that we can send you an awesome prize and keep track of your progress of the 3 challenges to keep you Healthy and Happy! Mail form to:
**H•E•Buddy® 2014 Challenge
Get Fit with Buddy and Bruce Challenge
10530 Sentinel, San Antonio, Texas 78217
Your form must be postmarked by April 1st, 2014**
4. Okay, now be patient and keep up the good work! Keep an eye out for the next challenge in the April through June Scorecard.

WAY TO GO!

In 3-4 weeks, you'll receive an awesome prize for completing Challenge 1.

**PARENTS PLEASE FILL IN THE WEEK
AND INITIAL EACH WEEK COMPLETED**

DAY 1 <input type="checkbox"/>	DAY 2 <input type="checkbox"/>	DAY 3 <input type="checkbox"/>
DAY 4 <input type="checkbox"/>	DAY 5 <input type="checkbox"/>	DAY 6 <input type="checkbox"/>
DAY 7 <input type="checkbox"/>		

WEEK OF _____

DAY 1 <input type="checkbox"/>	DAY 2 <input type="checkbox"/>	DAY 3 <input type="checkbox"/>
DAY 4 <input type="checkbox"/>	DAY 5 <input type="checkbox"/>	DAY 6 <input type="checkbox"/>
DAY 7 <input type="checkbox"/>		

WEEK OF _____

DAY 1 <input type="checkbox"/>	DAY 2 <input type="checkbox"/>	DAY 3 <input type="checkbox"/>
DAY 4 <input type="checkbox"/>	DAY 5 <input type="checkbox"/>	DAY 6 <input type="checkbox"/>
DAY 7 <input type="checkbox"/>		

WEEK OF _____

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DAY 7 <input type="checkbox"/>		

WEEK OF _____

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WEEK OF _____

DAY 1 <input type="checkbox"/>	DAY 2 <input type="checkbox"/>	DAY 3 <input type="checkbox"/>
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DAY 7 <input type="checkbox"/>		

WEEK OF _____

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DAY 7 <input type="checkbox"/>		

WEEK OF _____

DAY 1 <input type="checkbox"/>	DAY 2 <input type="checkbox"/>	DAY 3 <input type="checkbox"/>
DAY 4 <input type="checkbox"/>	DAY 5 <input type="checkbox"/>	DAY 6 <input type="checkbox"/>
DAY 7 <input type="checkbox"/>		

WEEK OF _____

MAIL ENTRY FORM TO:

H-E-Buddy® 2014 Get Fit with Buddy and Bruce Challenge
10530 Sentinel, San Antonio, TX 78217
Must be postmarked by April 1st, 2014

Child's Name _____

Parent's Name _____

Address/City _____

State _____

Zip _____

Birth Date _____

Age _____

Phone _____

OPEN TO TEXAS RESIDENTS ONLY!

HERE'S WHAT YOU'LL
WIN
FOR COMPLETING THE



**YOU'LL RECEIVE A
GET FIT CERTIFICATE &
H•E•BUDDY HEADBAND**